

## Holy Redeemer Prayer Cenacle

# The Immaculate Heartbeats

### Prayer Format

#### The Sign of the Cross

**Leader:** In the name of the Father, the Son, and the Holy Spirit, Amen.

Please join me in our opening prayer as given by Pope Leo XIV for the month of April:

**All:**

*Lord Jesus,*

*Good Shepherd and companion on the journey,*

*today we place in your hands all priests,*

*especially those going through moments of crisis,*

*when loneliness weighs heavily,*

*when doubt clouds their hearts,*

*and when exhaustion seems stronger than hope.*

*You who know their struggles and wounds,*

*renew in them the certainty of your unconditional love.*

*Let them feel they are not mere functionaries or lonely heroes,*

*but beloved sons, humble and cherished disciples,*

*and pastors sustained by the prayer of their people.*

*Good Father,*

*teach us as a community to care for our priests:*

*to listen without judging,*

*to give thanks without demanding perfection,*

*to share with them the baptismal mission*

*of proclaiming the Kingdom in word and deed,*

*and to accompany them with closeness and sincere prayer.*

*May we support those who so often support us.*

*Holy Spirit,*

*rekindle in our priests the joy of the Gospel.*

*Grant them healthy friendships, networks of fraternal support,*

*a sense of humor when things don't go as expected,*

*and the grace to always rediscover the beauty of their vocation.*

*May they never lose trust in You,*

*nor the joy of serving your Church with a humble and generous heart.*

*Amen.*

As well we pray in thanksgiving for all the priests of our Diocese. Grant them the wisdom, understanding, and strength they need to follow in the footsteps of Jesus. Inspire them with the vision of your Kingdom.

We also pray for: *(state all names/situations on the intentions list)*

## The Holy Rosary

### The Sign of the Cross

**Leader:** In the name of the Father, the Son, and the Holy Spirit, Amen.

### Apostles' Creed

**Leader:** I believe in God, the Father almighty creator of heaven and earth and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. On the third day he rose again from the dead. He ascended into heaven and is seated at the right hand of God, the Father almighty. He will come again in glory to judge the living and the dead.

**All:** I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

### *Our Father*

**Leader:** Our Father, who art in heaven hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven.

**All:** Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation but deliver us from evil. Amen.

### *Hail Mary* (three times)

**Leader:** Hail Mary, full of grace. The Lord is with thee. Blessed art thou among women, And blessed is the fruit of thy womb, Jesus.

**All:** Holy Mary, Mother of God, Pray for us sinners, Now and at the hour of our death. Amen

### *Glory Be*

**Leader:** Glory be to the Father, and to the Son, and to the Holy Spirit.

**All:** As it was in the beginning, is now, and ever shall be, world without end. Amen.

**Leader:**

**First Joyful Mystery - The Annunciation**

And when the angel had come to her, he said, "Hail, full of grace, the Lord is with thee. Blessed art thou among women."

Fruit of the Mystery: Humility

*Our Father – pray in your own language.*

**Leader of the First Decade:** Our Father, who art in heaven hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven.

**All:** Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation but deliver us from evil. Amen.

*Hail Mary – pray in your own language. (ten times)*

**Leader of the First Decade:** Hail Mary, full of grace. The Lord is with thee. Blessed art thou among women, And blessed is the fruit of thy womb, Jesus.

**All:** Holy Mary, Mother of God, Pray for us sinners, Now and at the hour of our death. Amen

*Glory Be– pray in your own language.*

**Leader of the First Decade:** Glory be to the Father, and to the Son, and to the Holy Spirit.

**All:** As it was in the beginning, is now, and ever shall be, world without end. Amen.

*O My Jesus*

**All:** O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls into heaven, especially those in most need of thy mercy. Amen.

**Leader:**

**Second Joyful Mystery - The Visitation**

Elizabeth was filled with the Holy Spirit and cried out in a loud voice: "Blest are you among women and blest is the fruit of your womb."

Fruit of the Mystery: Love of Neighbor

*Our Father – pray in your own language.*

**Leader of the Second Decade:** Our Father, who art in heaven hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven.

**All:** Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation but deliver us from evil. Amen.

*Hail Mary – pray in your own language. (ten times)*

**Leader of the Second Decade:** Hail Mary, full of grace. The Lord is with thee. Blessed art thou among women, And blessed is the fruit of thy womb, Jesus.

**All:** Holy Mary, Mother of God, Pray for us sinners, Now and at the hour of our death. Amen

*Glory Be– pray in your own language.*

**Leader of the Second Decade:** Glory be to the Father, and to the Son, and to the Holy Spirit.

**All:** As it was in the beginning, is now, and ever shall be, world without end. Amen.

*O My Jesus*

**All:** O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls into heaven, especially those in most need of thy mercy. Amen.

**Leader:**

**Third Joyful Mystery - The Birth of Jesus**

She gave birth to her first-born Son and wrapped Him in swaddling clothes and laid Him in a manger, because there was no room for them in the place where travelers lodged.

Fruit of the Mystery: Poverty

*Our Father – pray in your own language.*

**Leader of the Third Decade:** Our Father, who art in heaven hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven.

**All:** Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation but deliver us from evil. Amen.

*Hail Mary – pray in your own language. (ten times)*

**Leader of the Third Decade:** Hail Mary, full of grace. The Lord is with thee. Blessed art thou among women, And blessed is the fruit of thy womb, Jesus.

**All:** Holy Mary, Mother of God, Pray for us sinners, Now and at the hour of our death. Amen

*Glory Be– pray in your own language.*

**Leader of the Third Decade:** Glory be to the Father, and to the Son, and to the Holy Spirit.

**All:** As it was in the beginning, is now, and ever shall be, world without end. Amen.

*O My Jesus*

**All:** O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls into heaven, especially those in most need of thy mercy. Amen.

**Leader:**

**Fourth Joyful Mystery - The Presentation**

When the day came to purify them according to the law of Moses, the couple brought Him up to Jerusalem so that He could be presented to the Lord, for it is written in the law of the Lord, "Every first-born male shall be consecrated to the Lord."

Fruit of the Mystery: Obedience

*Our Father – pray in your own language.*

**Leader of the Fourth Decade:** Our Father, who art in heaven hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven.

**All:** Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

*Hail Mary – pray in your own language. (ten times)*

**Leader of the Fourth Decade:** Hail Mary, full of grace. The Lord is with thee. Blessed art thou among women, And blessed is the fruit of thy womb, Jesus.

**All:** Holy Mary, Mother of God, Pray for us sinners, Now and at the hour of our death. Amen

*Glory Be– pray in your own language.*

**Leader of the Fourth Decade:** Glory be to the Father, and to the Son, and to the Holy Spirit.

**All:** As it was in the beginning, is now, and ever shall be, world without end. Amen.

*O My Jesus*

**All:** O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls into heaven, especially those in most need of thy mercy. Amen.

**Leader:**

**Fifth Joyful Mystery - Finding the Child Jesus in the Temple**

On the third day they came upon Him in the temple sitting in the midst of the teachers, listening to them and asking them questions.

Fruit of the Mystery: Joy in Finding Jesus

*Our Father – pray in your own language.*

**Leader of the Fifth Decade:** Our Father, who art in heaven hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven.

**All:** Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

*Hail Mary – pray in your own language. (ten times)*

**Leader of the Fifth Decade:** Hail Mary, full of grace. The Lord is with thee. Blessed art thou among women, And blessed is the fruit of thy womb, Jesus.

**All:** Holy Mary, Mother of God, Pray for us sinners, Now and at the hour of our death. Amen

*Glory Be– pray in your own language.*

**Leader of the Fifth Decade:** Glory be to the Father, and to the Son, and to the Holy Spirit.

**All:** As it was in the beginning, is now, and ever shall be, world without end. Amen.

*O My Jesus*

**All:** O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls into heaven, especially those in most need of thy mercy. Amen.

*Hail, Holy Queen*

**All:** Hail, Holy Queen, Mother of Mercy, our life, our sweetness and our hope, to thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this vale of tears; turn, then, most gracious Advocate, thine eyes of mercy towards us, and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!

**Leader:** Pray for us, O holy Mother of God,

**All:** that we may be made worthy of the promises of Christ.

**Leader:** Sacred Heart of Jesus

**All:** Have mercy on us.

**Leader:** Immaculate Heart of Mary

**All:** Pray for us.

**Leader:** St. Joseph

**All:** Pray for us.

**Leader:** Prayer to St. Michael

**All:**

St. Michael the Archangel, defend us in battle.  
Be our defense against the wickedness and snares of the Devil.  
May God rebuke him, we humbly pray, and do thou,  
O Prince of the heavenly hosts, by the power of God,  
thrust into hell Satan, and all the evil spirits,  
who prowl about the world seeking the ruin of souls. Amen.

**The Sign of the Cross**

**Leader:** In the name of the Father, the Son, and the Holy Spirit, Amen.

## Closing Prayer

**Leader:** The month of April is dedicated to the Holy Spirit. Let us pray together His prayer.

**All:**

Come, Holy Spirit, fill the hearts of your faithful  
and kindle in them the fire of your love.

Send forth your Spirit and they shall be created,  
and you shall renew the face of the earth.

Let us pray.

O God, who have taught the hearts of the faithful  
by the light of the Holy Spirit,  
grant that in the same Spirit we may be truly wise  
and ever rejoice in his consolation.

Through Christ our Lord. Amen.

## The Sign of the Cross

**Leader:**

In the name of the Father, the Son, and the Holy Spirit, Amen.