

Holy Redeemer Prayer Cenacle

The Immaculate Heartbeats

Prayer Format

The Sign of the Cross

Leader: In the name of the Father, the Son, and the Holy Spirit, Amen.

Please join me in our opening prayer as given by Pope Leo XIV for the month of February:

“For children with incurable diseases.

Let us pray that children suffering from incurable diseases and their families receive the

necessary medical care and support, never losing strength and hope.”

All:

Lord Jesus,

*who welcomed the little ones in your arms and blessed them tenderly,
today we bring before you the children living with incurable illnesses.*

*Their fragile bodies are a sign of your presence,
and their smiles, even in the midst of pain, are a testimony of your kingdom.*

*We ask you, Lord, that they may never lack proper medical care,
human and compassionate attention,
and the support of a community that accompanies them with love.*

*Sustain their families in hope, in the midst of weariness and uncertainty,
and make of them witnesses of a faith that grows stronger through trial.*

*Bless the hands of doctors, nurses, and caregivers,
so that their work may always be an expression of active compassion.
May your Spirit enlighten them in every difficult decision,
and grant them patience and tenderness to serve with dignity.*

Lord, teach us to recognize your face in every suffering child.

*May their vulnerability awaken our compassion,
and move us to care, accompany, and love
with concrete gestures of solidarity.*

*Make of us a Church that, animated by the feelings of your heart
and moved by prayer and service, knows how to uphold fragility,
and in the midst of suffering, becomes a source of comfort,
a seed of hope, and a proclamation of new life.*

Amen.

As well we pray in thanksgiving for all the priests of our Diocese. Grant them the wisdom, understanding, and strength they need to follow in the footsteps of Jesus. Inspire them with the vision of your Kingdom.

We also pray for: *(state all names/situations on the intentions list)*

The Holy Rosary

The Sign of the Cross

Leader: In the name of the Father, the Son, and the Holy Spirit, Amen.

Apostles' Creed

Leader: I believe in God, the Father almighty creator of heaven and earth and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. On the third day he rose again from the dead. He ascended into heaven and is seated at the right hand of God, the Father almighty. He will come again in glory to judge the living and the dead.

All: I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Our Father

Leader: Our Father, who art in heaven hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven.

All: Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation but deliver us from evil. Amen.

Hail Mary (three times)

Leader: Hail Mary, full of grace. The Lord is with thee. Blessed art thou among women, And blessed is the fruit of thy womb, Jesus.

All: Holy Mary, Mother of God, Pray for us sinners, Now and at the hour of our death. Amen

Glory Be

Leader: Glory be to the Father, and to the Son, and to the Holy Spirit.

All: As it was in the beginning, is now, and ever shall be, world without end. Amen.

Leader:

First Joyful Mystery - The Annunciation

And when the angel had come to her, he said, "Hail, full of grace, the Lord is with thee. Blessed art thou among women."

Fruit of the Mystery: Humility

Our Father – pray in your own language.

Leader of the First Decade: Our Father, who art in heaven hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven.

All: Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation but deliver us from evil. Amen.

Hail Mary – pray in your own language. (ten times)

Leader of the First Decade: Hail Mary, full of grace. The Lord is with thee. Blessed art thou among women, And blessed is the fruit of thy womb, Jesus.

All: Holy Mary, Mother of God, Pray for us sinners, Now and at the hour of our death. Amen

Glory Be – pray in your own language.

Leader of the First Decade: Glory be to the Father, and to the Son, and to the Holy Spirit.

All: As it was in the beginning, is now, and ever shall be, world without end. Amen.

O My Jesus

All: O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls into heaven, especially those in most need of thy mercy. Amen.

Leader:

Second Joyful Mystery - The Visitation

Elizabeth was filled with the Holy Spirit and cried out in a loud voice: "Blest are you among women and blest is the fruit of your womb."

Fruit of the Mystery: Love of Neighbor

Our Father – pray in your own language.

Leader of the Second Decade: Our Father, who art in heaven hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven.

All: Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation but deliver us from evil. Amen.

Hail Mary – pray in your own language. (ten times)

Leader of the Second Decade: Hail Mary, full of grace. The Lord is with thee. Blessed art thou among women, And blessed is the fruit of thy womb, Jesus.

All: Holy Mary, Mother of God, Pray for us sinners, Now and at the hour of our death. Amen

Glory Be – pray in your own language.

Leader of the Second Decade: Glory be to the Father, and to the Son, and to the Holy Spirit.

All: As it was in the beginning, is now, and ever shall be, world without end. Amen.

O My Jesus

All: O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls into heaven, especially those in most need of thy mercy. Amen.

Leader:

Third Joyful Mystery - The Birth of Jesus

She gave birth to her first-born Son and wrapped Him in swaddling clothes and laid Him in a manger, because there was no room for them in the place where travelers lodged.

Fruit of the Mystery: Poverty

Our Father – pray in your own language.

Leader of the Third Decade: Our Father, who art in heaven hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven.

All: Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation but deliver us from evil. Amen.

Hail Mary – pray in your own language. (ten times)

Leader of the Third Decade: Hail Mary, full of grace. The Lord is with thee. Blessed art thou among women, And blessed is the fruit of thy womb, Jesus.

All: Holy Mary, Mother of God, Pray for us sinners, Now and at the hour of our death. Amen

Glory Be – pray in your own language.

Leader of the Third Decade: Glory be to the Father, and to the Son, and to the Holy Spirit.

All: As it was in the beginning, is now, and ever shall be, world without end. Amen.

O My Jesus

All: O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls into heaven, especially those in most need of thy mercy. Amen.

Leader:

Fourth Joyful Mystery - The Presentation

When the day came to purify them according to the law of Moses, the couple brought Him up to Jerusalem so that He could be presented to the Lord, for it is written in the law of the Lord, "Every first-born male shall be consecrated to the Lord."

Fruit of the Mystery: Obedience

Our Father – pray in your own language.

Leader of the Fourth Decade: Our Father, who art in heaven hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven.

All: Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary – pray in your own language. (ten times)

Leader of the Fourth Decade: Hail Mary, full of grace. The Lord is with thee. Blessed art thou among women, And blessed is the fruit of thy womb, Jesus.

All: Holy Mary, Mother of God, Pray for us sinners, Now and at the hour of our death. Amen

Glory Be – pray in your own language.

Leader of the Fourth Decade: Glory be to the Father, and to the Son, and to the Holy Spirit.

All: As it was in the beginning, is now, and ever shall be, world without end. Amen.

O My Jesus

All: O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls into heaven, especially those in most need of thy mercy. Amen.

Leader:

Fifth Joyful Mystery - Finding the Child Jesus in the Temple

On the third day they came upon Him in the temple sitting in the midst of the teachers, listening to them and asking them questions.

Fruit of the Mystery: Joy in Finding Jesus

Our Father – pray in your own language.

Leader of the Fifth Decade: Our Father, who art in heaven hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven.

All: Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary – pray in your own language. (ten times)

Leader of the Fifth Decade: Hail Mary, full of grace. The Lord is with thee. Blessed art thou among women, And blessed is the fruit of thy womb, Jesus.

All: Holy Mary, Mother of God, Pray for us sinners, Now and at the hour of our death. Amen

Glory Be – pray in your own language.

Leader of the Fifth Decade: Glory be to the Father, and to the Son, and to the Holy Spirit.

All: As it was in the beginning, is now, and ever shall be, world without end. Amen.

O My Jesus

All: O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls into heaven, especially those in most need of thy mercy. Amen.

Hail, Holy Queen

All: Hail, Holy Queen, Mother of Mercy, our life, our sweetness and our hope, to thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this vale of tears; turn, then, most gracious Advocate, thine eyes of mercy towards us, and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!

Leader: Pray for us, O holy Mother of God,

All: that we may be made worthy of the promises of Christ.

Leader: Sacred Heart of Jesus

All: Have mercy on us.

Leader: Immaculate Heart of Mary

All: Pray for us.

Leader: St. Joseph

All: Pray for us.

Leader: Prayer to St. Michael

All:

St. Michael the Archangel, defend us in battle.
Be our defense against the wickedness and snares of the Devil.
May God rebuke him, we humbly pray, and do thou,
O Prince of the heavenly hosts, by the power of God,
thrust into hell Satan, and all the evil spirits,
who prowl about the world seeking the ruin of souls. Amen.

The Sign of the Cross

Leader: In the name of the Father, the Son, and the Holy Spirit, Amen.

Closing Prayer

Leader: The month of February is dedicated to the Holy Family.

All:

Jesus, Mary and Joseph,
in you we contemplate the splendour of true love;
to you we turn with trust.

Holy Family of Nazareth,
grant that our families too may be places of communion and prayer,
authentic schools of the Gospel and small domestic churches.

Holy Family of Nazareth,
may families never again experience violence, rejection and division;
may all who have been hurt or scandalized find ready comfort and healing.

Holy Family of Nazareth,
make us once more mindful
of the sacredness and inviolability of the family, and its beauty in God's plan.

Jesus, Mary and Joseph,
Graciously hear our prayer.

Amen.

The Sign of the Cross

Leader:

In the name of the Father, the Son, and the Holy Spirit, Amen.